

Welcome to the second issue of the **You.Change.Com** newsletter!  
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## Capacity Building of Community Angels

UNESCO defines capacity building as *“the process of assisting an individual or group to gain insights, knowledge and experiences needed to solve problems and implement change”*. Individuals must be given the opportunity to learn from one another and, in the process, increase their capacity.

An integrated training curriculum was the main tool for the capacity building of the recruited Community Angels of the You.Change.Com project in order to be able to design, initialize, implement, report, monitor and evaluate the community actions. Prior to the training the participants were asked to assess their current level of skills by filling a questionnaire and at the end of the training they were asked to fill the questionnaire again. This self-assessment process complemented the trainers’ assessment and provided data on the progress made by the participants.

The training curriculum, which was based on learner-centred and participatory approaches, included instructor-led training, group exercises, self-learning, group discussions and brainstorming sessions.

The Community Angels, after a 40-hour training, worked closely with the NGO partners to select and develop 1 community project among those proposed during the recruitment phase. Selection criteria included the quality, impact, continuity, visibility and originality of each project.



“This course contributed to my personal development.”



“I was taught everything I expected to be taught on this course.”



## Community Action Plans

The Community Action Plans were developed based on the selection of an idea (conceived, developed and presented by young participants) by the Technical Committee, comprised of representatives from both local authority partners and NGO partners. The ideas revolved around the question of ‘what sectors of the community should be changed and what solutions can be proposed’.

The activities will take place at a discontinued/disused space or any other relevant space related to the selected action indicated by the NGO and local authority partners.

**The Community Actions Plans selected per country are the following:**

**Spain:** Workshops for the empowerment of young people in the neighbourhood of “Los Almendros”, a ghetto area with a large population of roma youth, focusing primarily on social citizenship, commitment with the neighbourhood, sexual health and drugs.

**Greece:** Organisation of 8 educational theatrical workshops with the aim to sensitise the public on issues related to the Trafficking of Human Beings and the sexual exploitation of women.

**Cyprus:** Competitions of large-scale board games (e.g. chess, backgammon, etc.) in order to reinforce the interaction of citizens from various social groups.



“It was made clear to me at the start of the course what I was meant to learn from it.”

At the end of the community projects development, FASL, who is monitoring and supporting all previously described activities, will develop with the support of the Community Angels the transferable and adaptable Community Intervention Guide that will serve as a manual/reference book on how other local communities can design and implement community development and intervention programmes with the support of potential young prospective change makers and by exploiting local unused spaces.



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